

WORLD NO TOBACCO DAY 2026

Protect
Your **Health**.
Protect
Your **Future**.

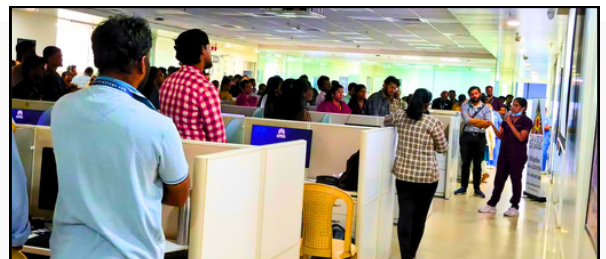


Community Awareness & Screening Initiatives



AWARENESS TALK

On May 15th & 19th, 2026, an awareness talk was conducted at Apex Covantage, Guindy, and Vcare, Ambattur, for employees. The event offered free health check-ups, screenings, and medical consultations, helping employees better understand their health and take proactive steps toward maintaining their well-being.



Say No
to Tobacco,
Say Yes
to Life.

“ Together, let’s build a **Tobacco-Free** and **Healthier Tomorrow**. ”



SCREENING CAMP


CANSTOP organized several free medical camps offering oral and general health screenings, specifically targeting slum communities, truck drivers, and corporate workers. These camps provided essential health services, including free check-ups, screenings, and medical advice from a team of dedicated healthcare professionals.

To enhance access to oral healthcare, a mobile dental van was utilized to deliver services directly within the community. Services included scaling, fillings, and uncomplicated tooth extractions that could be safely carried out in a community-based setting, thereby improving access to essential oral healthcare for beneficiaries.




<p>554 Beneficiaries Reached</p>	<p>7 Locations Covered</p>	<p>5 Pre-Cancerous Cases Identified & Referred for Further Treatment</p>	<p>Dental Screening Services Conducted</p>
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- A total of 554 people were reached across Seven locations, with 5 pre-cancerous cases identified and referred for further treatment.
- The initiative was an important step in promoting health awareness and helping the community make informed choices about their well-being.
- Due to the overwhelming number of requests, we could not cover all the intended camps within the month.



CANSTOP will continue the screening and awareness camps throughout June to ensure wider community outreach and support



WORLD NO TOBACCO DAY



Brush Tobacco Out

PAINTING COMPETITION FOR CHILDREN

For Children Aged 5 to 15

Creativity Against Tobacco



As part of the World No Tobacco Day awareness campaign, a Painting competition titled "Brush Tobacco Out" was organized on May 23, 2026, at SMF OPD, Mogappair.

The event witnessed enthusiastic participation from 40 school students, aimed at fostering awareness about the harmful effects of tobacco through creative expression.



OBJECTIVE

The primary objective of the competition was to educate young students about the dangers of tobacco use and encourage a healthy, tobacco-free lifestyle through art.



COMPETITION CATEGORIES & WINNERS



GROUP A: AGES 5-10 YEARS

- 1st Prize:** Baby Dhvani Gokul
- 2nd Prize:** Master Dharshanth Vishwa
- 3rd Prize:** Baby Pragya
- Consolation Prize:** Master Shrivatsa, Master Eniyan Jayasankar



GROUP B: AGES 11-15 YEARS

- 1st Prize:** Ms Kayal Hasanthika
- 2nd Prize:** Ms Kovardhini
- 3rd Prize:** Mr Moheesh
- Consolation Prizes:** Ms Divyadharshini, Ms Sashini, Ms Tharagai

GLIMPSES FROM THE EVENT



2. PRIZE DISTRIBUTION



3. CHILDREN PAINTING



4. CHILDREN WITH THEIR PAINTINGS



5. AWARENESS SESSION (PARENTS)



APPRECIATION

All participants Received certificates of appreciation for their involvement in the competition the winners were formally presented with certificate, trophies, and gift vouchers as tokens of recognition for their outstanding artwork and commitment to the anti-tobacco theme.



AWARENESS SESSIONS

In addition to the competition, awareness sessions were conducted for parents focusing on cancer prevention, health education, and tobacco-free living.



Sticker Campaign

On May 28, 2026, a sticker campaign was held at the Chennai Central Auto Stand & Egmore Station to mark World No Tobacco Day. More than 300 stickers were placed on autos & Bikes to spread awareness about the dangers of tobacco use.



As we reflect on the successful observance of World No Tobacco Day this year, we extend our sincere appreciation to all organizations, partners, and individuals whose unwavering support made our initiatives meaningful and impactful.

We gratefully acknowledge the valuable contributions, collaboration, and expertise provided by our Sundaram Medical Foundation, Savitha Dental College, ACS Medical College, Arunodhaya Trust, Apex Covantage, Turning Point, Vcare, M S Swaminathan Research Foundation and The New Leed Trust. Their partnership played a significant role in strengthening awareness initiatives and community outreach activities.

We also express our heartfelt appreciation to our dedicated CANSTOP volunteers and team members, including Ms Origanti, Ms. Selvam, Ms. Vijaya Mahendran, Dr. Senthil Desingh, and many others whose commitment, enthusiasm, and tireless efforts contributed immensely to the success of the campaign.

Together, these collective efforts have strengthened our mission to educate communities, inspire healthier choices, and create greater awareness about the harmful effects of tobacco use. We remain grateful for the continued support and shared commitment toward building a tobacco-free future.

Together,
We Choose Health.
We Choose **Life.**



-  Raise Awareness
-  Inspire Change
-  Protect Communities
-  Build a Tobacco-Free Future

Thank you for standing with us in the movement for a healthier, tobacco-free world.

Together, we can make a difference!